Northside Resources

If you are in immediate medical or physical danger, call 911 or go to the nearest emergency room.

Local Food Assistance Programs

A list of additional nearby food pantry programs is below. Those in the bottom two rows serve the entire city or all of Cook County. Each program has its own guidelines. Times and requirements may change, so please call organizations to confirm the details. You can also visit www.gcfd.org for a list of programs searchable by address. To check eligibility for SNAP benefits and other programs, please call GCFD's benefits assistance phone line at 773-247-3663 or visit abe.illinois.gov.

Care For Real 773-769-6182 **Serving:** 60660, 60640, 60645, 60659, 60626 **5840 N Broadway** Tues 3-6pm Wed and Sat 9am-12pm **1545 W Morse** **Schedule:** Thurs 3-6pm	**St. Thomas of Canterbury** 4827 N Kenmore 773-878-5508 **Serving:** 60613, 60625, 60640, 60645, 60660 **Schedule:** Mon & Thurs 9-11:30am	**ICNA Relief** 2809 W Devon 202-802-3173 **Serving**: 60659, 60645, 60625 **Schedule**: Thurs & Sat 10am-1pm	**Ignatian Mission** 1735 W Greenleaf 773-739-9255 **Serving**: Rogers Park **Schedule:** Tues 3-7pm Fri 10am-12pm	**Howard Area Center** 7648 N Paulina 773-262-6622 **Serving:** 60626, 60645, 60659, 60660, 60202, 60201 **Schedule**: Mon 1-3:30pm, Wed 9-11:30am
The Friendship Center 2711 W Lawrence 773-907-6388 **Serving:** Cook County **Schedule**: Mon, Thurs, Fri 11am-4pm & Tues 3-7pm	**Nourishing Hope** 3945 N Sheridan 773-525-1777 **Serving:** City of Chicago **Schedule**: Mon, Wed, Fri, Sat 11am-3pm & Thurs 4-7pm Online market available Nourishinghopechi.org	**Common Pantry** 3908 N Lincoln 773-327-0553 **Serving**: Cook County **Schedule:** Tues 4-6pm, Wed 1-4pm and 6-8pm, Thurs 1-4pm	**Ravenswood Community Services** 4550 N Hermitage 773-769-0282 **Serving:** Cook County **Schedule**: Tues 5:30-7:30pm	**Evanston Vineyard** 2495 Howard 847-328-4544 **Serving:** Cook County **Schedule:** Wed 6-8pm
New Seed Food Pantry 4716 N Malden 773-561-2655 **Serving:** Cook County **Schedule:** Sat 9-11am	**El Mercadito** 3533 W North Ave 773-525-1777 **Serving:** City of Chicago **Schedule**: Mon, Wed, Fri 11am-2pm	**Love Fridges** Open 24/7 5255 N Ashland Ave 7036 N Clark St 620 Madison St Evanston, IL	**Golden Diner's Age 60+ Meal Program** Mon-Fri 11/11:30am-12:30pm 312-744-4016 6400 N Sheridan, 5917 N Broadway, 5120 N Broadway	**Meals on Wheels** Meal Delivery for seniors Age 60+ 312-744-4016 Individuals with disabilities Age 18-59: 312-746-5773

211 City of Chicago Resource Hotline

Access to free and confidential health and social service support, 24 hours a day
Visit 211metrochicago.org, call 211 or text your zip code to 898-211

Referral Support					
Care for Real Referral Help Request	**Greater Chicago Food Depository**	**Northside Community Resources**	**DFSS Community Service Center**	**Career Seeker Services**	**Immigrant and Refugee Services**
Fill out form at bit.ly/CfRhelp or visit careforreal.org/get-help	Visit Gcfd.org for the interactive Find Food map. Call 773-247-3663 for benefits assistance	1530 W Morse 773-338-7722 Monthly drop-in benefits support held at CfR at 5840 North Broadway on the 2nd Tues of the month at 10am	845 W Wilson 312-744-2580 City hub for assistance with housing, rent, legal services, WIC, and other needs	708-580-8686 ChiCookWorks.org -- American Job Center at Truman 1145 W Wilson Call for hours 773-831-5221	Centro Romero 6216 N Clark 773-508-5300 Public Benefits, Adult Ed, Legal Support, programs for Women and Youth

Case Management & Drop-In Mental Health and Housing Support				
Trilogy Drop-In Center	**Thresholds Center for Mental Wellbeing**	**Lutheran Social Services of Illinois (LSSI)**	**Chicago Dept of Mental Health Center**	**Nourishing Hope**
1400 W Greenleaf 773-382-4060 In-take for new clients by phone or in-person Mon & Wed 8:30am-5:30pm, Tues & Thurs-Sun 8:30am-3:30pm	4423 N Ravenswood 773-572-5500	5215 N California Suite F101 773-561-5809 Mon-Fri 8am-8pm Sat and Sun 9am-5pm	Edgewater Chicago Public Library 312-742-1945 6000 N Broadway Friday 9am-5pm	3945 N Sheridan 773-525-1777 Mon, Wed, Fri Drop-In Hours 11am-1pm

Health Centers					
Tapestry 360 1300 W Devon 773-751-7850	**Hamdard Health** 1542 W Devon 773-465-4600	**Howard Brown Health Center** 6500 N Clark 773-388-1600	**AHS Family Health Center** 6301 N Western 800-597-5077	**Oak St Health** 1541 W Devon 773-694-2436	**Howard Brown Dental Clinic** 773-388-1600

Other Hotlines
National Suicide Prevention Lifeline: 988 **Domestic Violence Hotline:** 877-863-6338 (Illinois), 800-799-7233 (National) **Trilogy Mental Health Crisis Support** 800-322-8400 **Thresholds Crisis Response** 773-572-5464 **CTA** 888-YOUR-CTA **City Services** 311